



Module 2: True-me® Method I: Class #3

CLARIFYING YOUR CLIENTS GOAL

In this session, you are going to assist your clients _____ the best _____ they can think of, at this moment on time - that is, the ideal situation for them. It is good to have a destination in mind, so that the _____ starts working on it, _____ and _____ the information from the surroundings, necessary to make it happen. However, it is also important to be _____ about the fact that this will only truly _____ when the problems or the blockages that has been identified in the previous session has been _____ with and does _____ an issue anymore.

You will probably discover this session to be one of the most difficult sessions of all, as many clients have not _____ about the _____ of getting what they do want. Their mind has _____ the option that they might get what they _____, and they spend their time thinking of how their life is difficult or unfair. They very rarely think of the _____ _____, and/or they do not do it to the



_____ and _____ that could be meaningful and lead them to its _____. It is important that the client starts shaping a brighter _____, so that their _____ can support them in doing that.

QUESTIONS TO SHAPE THE EMPOWERING GOAL OF YOUR CLIENT

1. What is the _____?
2. What do you want _____?
3. Where are you now in _____ to what you _____? In a scale 1-10, where do you stand _____?
4. What will you _____, _____, and _____ when you _____ it?
5. How will you _____ when you have _____ this?
6. What will this _____ get for you or _____ you to do?
7. What are the _____ of getting what you _____?
8. What _____ do you need to do or what _____ do you need to take to make it happen?
9. What kind of _____ do you need to accomplish your goal?
10. Is it _____ for you? Is it _____ for you?
11. _____, _____, _____ and with _____ do you want to achieve this?



12. Have you ever _____ or _____ this before?
13. Do you _____ anyone who has it?
14. How would you _____ if you had it now?
15. Can you _____ as if you already have this? If not, _____
not?
16. For what _____ do you want this?
17. What will you _____ if you have it?
18. What will you _____ if you have it?
19. What will _____ if you get it.
20. What will _____ if you do not get it?
21. What will _____ happen if you _____
_____ get it?
22. What are you willing to do to _____ your goal.

**DISCUSSION TO EXPLAIN TO THE CLIENTS THE NECESSITY OF WHAT THEY
HAVE JUST DONE:**

As you have helped the clients shape the desired outcome, you will need to explain to them the real _____ and _____ of this session, so they understand why they have gone through it. Basically, you want them to understand



how their _____ needs to know – in its own language – what the clients are _____ at or _____ for, so that it can be of help and support any effort.

Talk about the _____ Activating _____: This is a part of the brain. Is it a goal _____! It will bring information about the _____ from the 40Mio bits /second, they get from their _____, at any given moment. Think of it as a _____: they _____ to the station they want to _____ to. RAS does the _____. Takes focus on what their _____ is, but only once they have _____ it.

Encourage the clients to _____:
To help their unconscious mind to bring the results they want, clients should behave as if they _____ have it!

THE TASK OF THE WEEK

Answer the above questions for yourself and _____ your immediate _____. Practice the above with a client or a colleague.