

WEEKLY CLASS SCHEDULE – GROUP 9 – FEBRUARY 2023

MODULE ONE	MODULE TWO	MODULE THREE	MODULE FOUR	MODULE FIVE	MODULE SIX	MODULE SEVEN	MODULE EIGHT
Coaching Skills	True-me® method I	True-me® method II	True-me® method III	Practice for excellence	7 Essential Laws	Personal Empowerment	Business Building
February 16	April 6	June 1	June 29	August 31	September 28	November 16	Dec 14
February 23	April 13	June 8	July 6	September 7	October 5	November 23	January 11
March 2	May 4	June 15	July 13	September 14	October 12	November 30	January 18
March 9	May 11	June 22	July 20	September 21	October 19	Dec 7	January 25
March 16	May 18				October 26		
March 23	May 25				November 2		
March 30					November 9		

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Introduction to program	The Mind's work	Emotions	Needs	ICF Core Competencies	L.O.A.	The Art of Meditation	Marketing Funnel
Start from within	The problem	Creating Your Future®	Rules I	Step by Step coaching session & practice	Deliberate Creator	Trust	Offering your Services
Your ideal client	The Goal	Releasing Negative Emotions	Rules II	Step by Step coaching session & practice	Allowing	Inner child and Sub-personality	Your Personal Profit Path
The role of a True-me® Coach	Beliefs	Releasing Limiting Beliefs	Identity	Step by Step coaching session & practice	Sufficiency & Abundance	Future Visioning	Position yourself as an Expert
Starting the coaching journey	Constructing New Beliefs				Pure Potentiality		
Soothing the client	Values & Anti-Values				Detachment		
Acceptance					Polarity		